COVID-19 REHAB DISCHARGE TOOL

MRN: ________________
Date of birth: ____________
Today’s date: ____________

Part One: Instructions: ask the patients for any information needed to complete this assessment.

Is the patient afebrile and without increase in oxygen demand for >12 hours?
☐ Yes  ☐ No (STOP, do not add to rehabilitation queue)

What is the patient’s current oxygen use (liters per minute)?
☐ Zero (0)  ☐ 1-2(1)  ☐ 3-5(1)  ☐ 6-7(0)  ☐ 8+ (STOP)

What is the patient’s current level of cognition?
☐ Grossly normal (0)  ☐ Needs cueing to respond to questions (2)
☐ Answers are not appropriate (1)  ☐ Obtunded (STOP)

How many steps to enter the patient’s home?
☐ Zero (0)  ☐ 1-3(1)  ☐ 4+ (2)

Did the patient previously use an assistive device for ambulation?
☐ No (0)  ☐ Yes - cane, walker, or wheelchair (2)

Does the patient have someone to stay with at discharge?
☐ Yes, with physical help (0)  ☐ Yes, minimal/no physical help (1)  ☐ No (2)

PART ONE SCORE: ________________

Part Two: What the patient can do right now (modified Barthel Index):

Instructions: Assistive devices are OK. “Needs help” implies 50% or more patient effort. Supervision is the same as needing help. Score can be patient-reported or observed by healthcare personnel.

☐ able (10)  ☐ needs help (5)  ☐ cannot (0)  ☐ Eat
☐ able (5)  ☐ cannot (0)  ☐ Comb hair, shave, wash
☐ able (10)  ☐ needs help (5)  ☐ cannot (0)  ☐ Put on and take off clothes
☐ able (10)  ☐ needs help (5)  ☐ cannot (0)  ☐ Toileting (the entire process)
☐ able (15)  ☐ needs help (5)  ☐ cannot (0)  ☐ Get into a chair and back
☐ able (15)  ☐ needs help (5)  ☐ cannot (0)  ☐ Walk >100 feet

Barthel score: 0-30 (4); 35-50 (2); 55-60 (1); 65 (0)

Total Score Interpretation:
5+: Daily extra PT/OT
2-4: Normal/some therapy
0-1: Ask again tomorrow

PART TWO SCORE: ________________

TOTAL SCORE: ________________

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